

REVIEW

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# CRISPR/Cas9: a tool to eradicate HIV-1



Ruchira Bhowmik and Binay Chaubey\*

## Abstract

The development of antiretroviral therapy (ART) has been effective in suppressing HIV replication. However, severe drug toxicities due to the therapy and its failure in targeting the integrated proviral genome have led to the introduction of a new paradigm of gene-based therapies. With its effective inhibition and high precision, clustered regularly interspaced short palindromic repeats (CRISPR)-associated protein-9 nuclease (Cas9) or CRISPR/Cas9 has emerged as an effective genome editing tool in the last decade. Mediated by guide RNAs (gRNAs), Cas9 endonuclease acts like genetic scissors that can modify specific target sites. With this concept, CRISPR/Cas9 has been used to target the integrated proviral HIV-1 genome both in in vitro as well as in vivo studies including non-human primates. The CRISPR has also been tested for targeting latent HIV-1 by modulating the proviral transcription with the help of a specialized Cas9 mutant. Overcoming the limitations of the current therapy, CRISPR has the potential to become the primary genome editing tool for eradicating HIV-1 infection. In this review, we summarize the recent advancements of CRISPR to target the proviral HIV-1 genome, the challenges and future prospects.

**Keywords:** CRISPR/Cas9, Gene editing, HIV-1/AIDS, Latent viral reservoirs, Antiretroviral therapy (ART)

## Introduction

The human immunodeficiency virus/acquired immunodeficiency syndrome (HIV/AIDS) continues to be a major global health issue that has claimed ~36.3 million human lives worldwide [1]. According to the World Health Organization (WHO), by the end of 2020, globally ~38.0 million people were living with HIV with an estimate of ~1.5 million new infections [1]. With no vaccines on the shelf or in the pipeline, presently anti-retroviral therapy (ART) is the mainstay to reduce the viral load [2]. There are over 25 anti-viral drugs used in different combinations that have been effective in reducing the mortality and morbidity of HIV-1 infected individuals. However, these drugs do not target the integrated proviral genome in the host cell chromosome. Hence, the viral infection is not eradicated and the viremia rebounds once the therapy is stopped [3]. Therefore, the patients have to depend lifelong on the expensive therapy. Globally,

so far only ~73% of infected individuals have access to proper antiretroviral therapy (ART) [1]. In the last few decades ART has made considerable improvement in the life expectancy of people infected with HIV. Present ART regimens have shown fewer side effects and effectively reduce viremia. However, they require life-long administration thereby causing several drug induced toxicities and comorbidities associated with aging [4, 5]. The general antiretroviral therapy comprises at least three antiretroviral drugs belonging to any of the four classes—nucleoside or nucleotide reverse transcriptase inhibitors (NRTIs or NtRTIs), non-nucleoside RT inhibitors (NNRTIs), protease inhibitors and fusion inhibitors [4]. Drug induced toxicity is one of the major causes of acute kidney injury found in people living with HIV [4]. Since, HIV itself increases the risk of chronic kidney disease (CKD), ART treatment is complicated in these individuals. The NtRTI Tenofovir disoproxil fumarate has shown to develop tubulopathy in 1–2% of recipients. The risk further increases with additional factors including diabetes, immunodeficiency, prolonged exposure or usage of ritonavir-boosted protease inhibitors [4]. Ritonavir also has cytotoxic effects leading to endoplasmic reticulum (ER)

\*Correspondence: [bchaubey@hotmail.com](mailto:bchaubey@hotmail.com)

Virology Lab, Centre for Advance Study, Department of Botany, University of Calcutta, 35 Ballygunge Circular Road, Kolkata 700019, India



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stress and mitochondrial dysfunction [5]. Additionally, liver diseases are one of the major co-morbidities related to ART as it accounts for 13% of deaths among the people living with HIV (PLWH). The older population is at a risk of mitochondrial dysfunction, non-alcoholic fatty liver disease and even liver cancer [6]. Cardiovascular disease (CVD) risk including heart failure and ischemic stroke still remains a major concern especially in patients treated with first generation ART [7]. Efavirenz and protease inhibitors have significant potential to develop into CVD and other associated metabolic disturbances [7].

These challenges get further accentuated due to the undetectable latent viral reservoirs consisting of inactive HIV proviral DNA in resting CD4<sup>+</sup> T-cells that are established after infection [8]. Furthermore, the emergence of new viral mutants is inevitable due to the spontaneous mutations in successive replication cycles. Three polymerases contribute to viral replication—viral reverse transcriptase (RT), host RNA polymerase II (Pol II) and host DNA polymerase. Considering the high fidelity of the host DNA polymerase and its editing machinery, most of the errors are made by RNA Pol II and HIV-1 RT [9]. HIV-1 RT has a high error rate of 1 base per  $3 \times 10^5$  nucleotides incorporated (almost equal to that of RNA Pol II), resulting due to lack of proof-reading activity [10–12]. The subsequent diversity in HIV-1 mutants has enabled them to evade the host immune system and develop drug resistance [13]. Consequently, in addition to ART, several alternative therapeutic strategies have been explored to combat these challenges with varying success rates.

The ultimate cure for HIV-1 includes the permanent inhibition of viral replication without the requirement of lifelong administration of ART whereby individuals can lead a healthy life without the probability of recurring re-emergence of viremia. Among various approaches, one of the paradigms deals with effectively eradicating HIV-1 by targeting the integrated proviral DNA in infected cells. In recent years, this approach has been applied via genome editing. Initial studies targeted the HIV-1 LTR (long terminal repeat) by tailored recombinases based on the Cre-recombinase [14], which led to the excision of the proviral DNA from the cellular genome. Endonucleases like zinc finger nucleases (ZFN), transcription activator-like effector nucleases (TALEN) and homing endonucleases have been used to target specific DNA sequences of the proviral DNA [15, 16]. The nucleases induce double-stranded breaks (DSBs) that are repaired by the non-homologous end-joining (NHEJ) pathway frequently giving rise to indel mutations (insertions and deletions). However, in both ZFNs and TALENs, the rate of off-target effects and binding specificity are major challenges [17, 18]. CRISPR/Cas9, due to its high precision in inducing mutations, has

evolved into a promising genome editing tool in the last decade [19].

The Cas9 endonuclease acts like a genetic scissor that introduces DSBs in the DNA at specific sites mediated by a guide RNA (gRNA) [20]. In its first application of CRISPR/Cas9 against HIV-1, the LTR region was targeted that successfully suppressed HIV-1 replication [21]. Efforts continued in this field with different approaches to target the proviral genome and a new mutant dCas9 to combat latent viral reservoirs. In this review, we summarise the various approaches and therapeutic applications of CRISPR/Cas9 in HIV-1/AIDS therapy and also highlight the limitations and future studies that are required in this field.

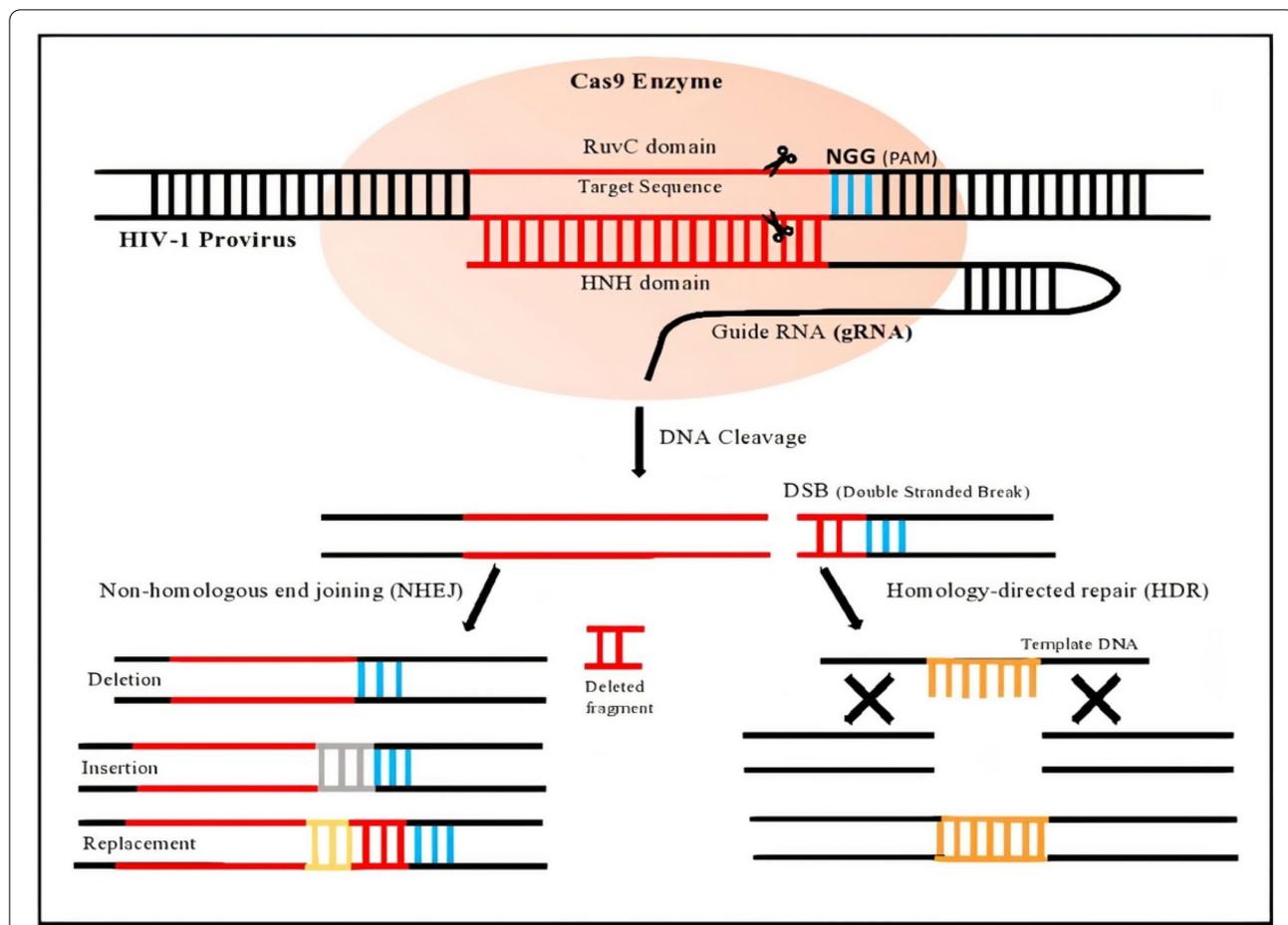
## CRISPR/Cas system in genome editing

### Brief overview

Discovered in 1987 [22], the CRISPR repetitive sequences were found to be derivatives of conjugated plasmids and bacteriophages. Using the “anti-sense RNAs as memory signatures” [19], CRISPR-Cas was able to introduce targeted DNA mutations in these pathogens leading to adaptive immunity in bacteria [23]. In 2012, Jinek et al. made breakthrough research where they introduced dual gRNAs to guide Cas9 endonuclease of *Streptococcus pyogenes* for targeted DNA cleavage in vitro [24]. This discovery indicated that CRISPR-Cas9 could probably target any specific DNA in any organism.

The specificity of CRISPR-Cas9 to a complementary sequence (PAM or *NGG* for spCas9) is mediated by 17–20 nucleotides present at the 5' end of gRNA [20]. The sequence specificity provided by the gRNA-PAM prevents adverse off-target interactions. The two nuclease domains of Cas9, histidine-asparagine-histidine (HNH) and Recombination UV C (RuvC) cleave separate DNA strands (Fig. 1). The HNH domain cuts the target strand that is bound by the gRNA, while the RuvC domain cleaves the non-target strand [25]. Devoid of a template, this DSB is repaired via the NHEJ pathway by introducing random indel mutations [19]. Another alternative DNA repair pathway is the homology-directed repair (HDR) pathway which introduces well-defined mutations at a particular locus with an exogenous DNA repair template (Fig. 1) [19].

A double mutant of Cas9 enzyme involving the endonuclease domains results in a catalytically inactive or deactivated Cas9 (dCas9) that retains the gRNA-mediated DNA-binding specificity. This protein was shown to successfully fuse with transcription repressor or activator domains regulating the expression of target genes [26, 27]. Unlike other approaches (e.g., ZFNs and TALENs) that require substantial protein engineering of DNA-recognition domains for each DNA target site, CRISPR-Cas9



**Fig. 1** Schematic diagram of HIV-1 provirus gene editing by CRISPR/Cas9. Cas9 protein combined with sgRNAs introduces double-stranded breaks at specific regions. The breaks are repaired by two pathways; NHEJ which incorporates random indel mutations; and Homologous dependent repair (HDR) which introduces specific sequences with the help of donor templates

provides a relatively simple approach. With the advancement in delivery methods, multiple gRNAs have been used to target more than one target sequence improving the efficiency of gene targeting [28].

**Cas9 and other nuclease variants**

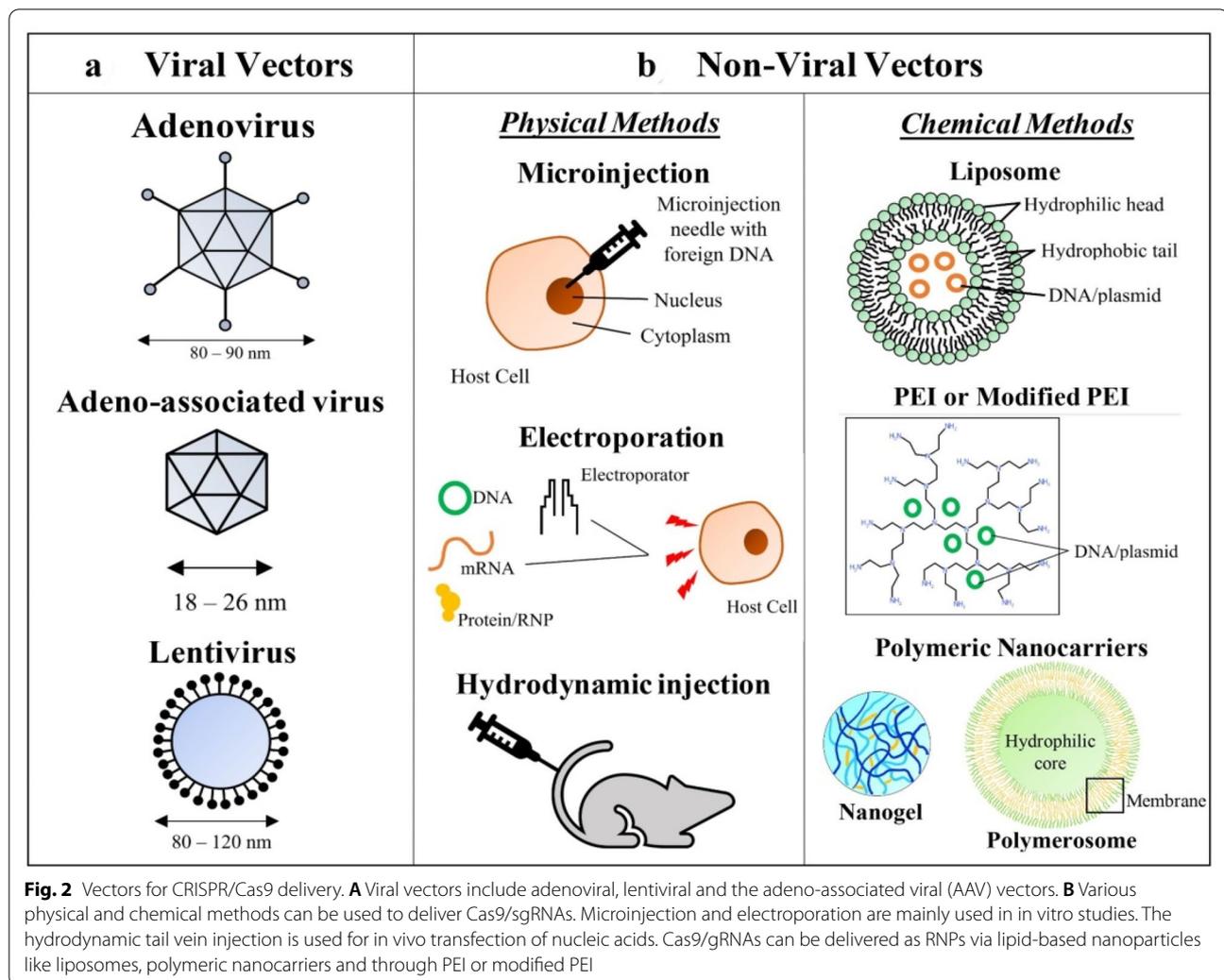
The SpCas9 is a Type-II-A Cas9 protein that consists of two well-conserved nuclease domains, HNH and RuvC. Apart from SpCas9, several other nuclease variants have been isolated from different bacteria which can be used for gene editing processes providing insight into new delivery strategies, especially in in vivo studies.

SaCas9, derived from *Staphylococcus aureus* is ~1 kb shorter than SpCas9 and hence, suitable for packaging in AAV (Adeno-associated virus) vector for targeting HIV-1 provirus in in vivo systems [29]. Several CRISPR studies have used SaCas9-AAV systems for targeting LTR and other viral genes of HIV-1 in mice models and non-human primates (discussed later). Other nuclease

variants include the Cas12a nuclease, formerly known as Cpf1 which can accommodate multiple crRNAs (crispr RNAs) under the transcriptional control of a single Pol III promoter [30]. While Cas9 produces blunt double-strand cuts, Cas12a produces staggered cuts in dsDNA. Additionally, the Cas13 nuclease which targets the RNA has been used in HIV-1 infected cells with significant results [31]. With the discovery of multiple nuclease variants, a varied usage of these Cas proteins can be employed in gene editing systems for getting effective results.

**Delivery methods**

There are several delivery options for the introduction of Cas9 and gRNA into the target cells. The components for delivery involve a DNA vector, gRNAs and Cas9 mRNA or Cas9/gRNA ribonucleoprotein (RNP) complexes [32–37]. The Cas9 and gRNAs can be delivered either as RNAs or can be encoded by a single construct in two separate plasmids. As shown in Fig. 2, the different delivery



methods include electroporation, microinjection, cationic lipid and lipid-based nanoparticles [32, 36, 38, 39].

For in vivo applications, lipid nanoparticles or viral vectors like lentiviral vectors (LVs) or AAVs can be used [39]. However, the major concern with the viral vectors is the limited packaging capacity that restricts the efficiency of the delivery [40, 41]. In the case of LVs, smaller RNA sequences are seen to perform better and have improved transduction efficiency. Alternatively, the AAVs are smaller than LVs thus, making the packaging of the cassette even more challenging [42]. Although the use of smaller SaCas9 with AAV might be a solution, the efficiency of SaCas9 is less compared to SpCas9 [43]. In a recent study by Herskovitz et al. gRNAs designed against specific target sites delivered by lipid nanoparticles to the latently infected cells showed ~100% viral excision (discussed later) [44].

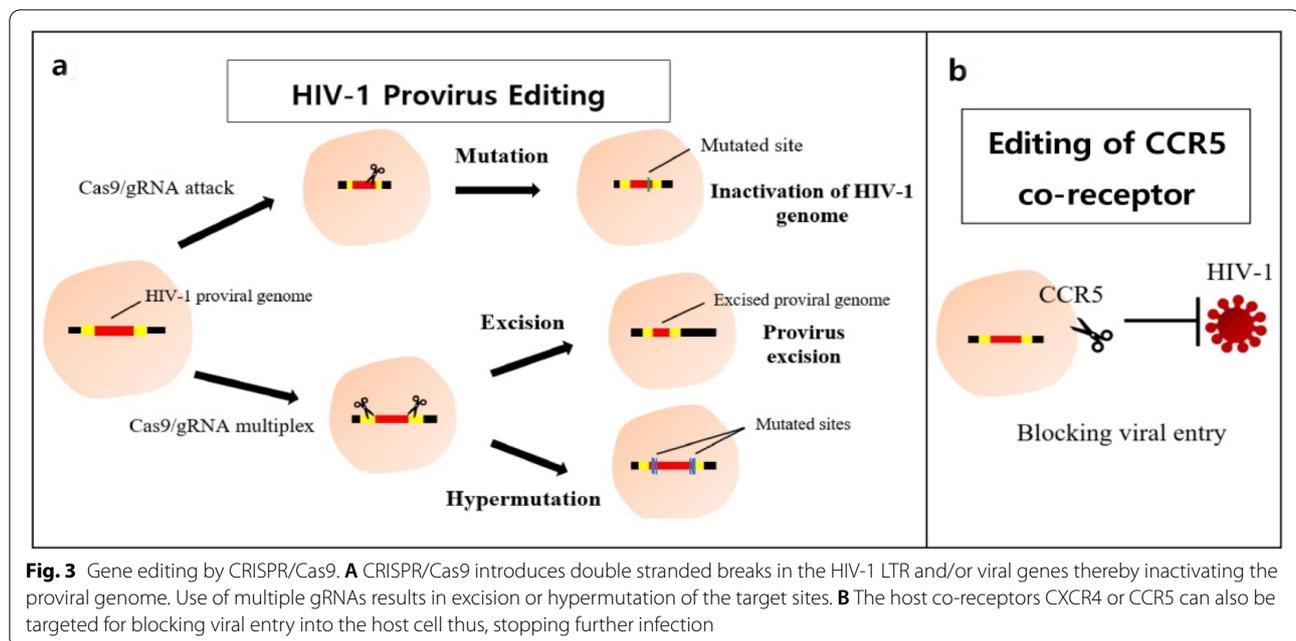
These delivery methods can establish either a non-integrative, transient expression or integrative, stable

expression in the cells. While the stable expression of gRNA/Cas9 can prove advantageous in many experiments, in the long run, this may give rise to undesirable off-target activity [45]. Transient expressions lessen the safety concerns but won't support long term CRISPR activity. A significant study by Liu et al. showed evidence of complete inactivation of proviral HIV-1 with repeated transfection of different Cas9 and Cas12a mRNA/protein sources with dual gRNAs in latently infected SupT1 T-cells [46]. Upon repeated Cas9 treatment, the viral rebound could no longer occur as the target sites were either mutated, excised or underwent inversion. However, there is ample scope for improving of the delivery of CRISPR/Cas in in vivo system.

### CRISPR/Cas mediated inhibition of HIV-1

#### In-vitro studies

CRISPR has emerged as an effective genome editing tool for targeting the HIV-1 genome in infected cells (Fig. 3).



Ebina et al. provided the first proof of successful targeting of HIV-1 genome by CRISPR in infected HEK293T cells and HeLa cells. The study indicated the ability of CRISPR/Cas9 to effectively inhibit viral expression [21]. Liao et al. targeted multiple sites including the LTR regions and observed a decrease in protein expression regardless of the amount of integrated viral DNA [47]. In another study, Kaminski et al. placed the gene encoding Cas9 under the control of a Tat-activating promoter. The results showed cleavage of viral DNA indicating the Tat-mediated transactivation of the promoter for Cas9 expression [48].

In-vitro experiments were extended to other cell lines since the HIV-1 reservoir is not just composed of T-cells. One study showed that dual gRNAs complementary to the conserved regions of LTR excised a 9709 bp sequence in the latently infected promonocytes, microglial and T cells. There was absence of off-target activity and cytotoxicity; and the multiplex gRNAs in Cas9 transfected cells prevented HIV-1 infection [49].

To study the effect of CRISPR in latently infected cells, Zhu et al. used Jurkat cell lines latently infected by HIV-1. They designed gRNAs against 10 conserved sites and the tumour necrosis factor alpha (TNF $\alpha$ ) was used to activate the viral gene expression [50]. The results showed a tenfold reduction in GFP reporter expression and ~20-fold reduction in p24 expression. Further, primary CD4+ T-cells isolated from healthy individuals were infected with HIV-1 and targeted at the LTR region by CRISPR-Cas9 [48]. A significant reduction in viral expression was observed in these cells. These

experiments were extended to peripheral blood mononuclear cells (PBMC) and CD4+ T cells isolated from patients undergoing ART. In all the cases, there was an overall reduction of viral particles and expression of p24 and Gag proteins [48]. Specific gRNAs were designed against transcription factor binding sites (TFBSs) mainly NF- $\kappa$ B with a 'high safety profile and broad-spectrum activity'. DSBs were observed via GUIDE-seq and no off-target activity was found in HeLa cells [51].

Lebbink et al. showed two sgRNAs for different target sites prevented viral replication and escape. This combinatorial approach was used to target viral matrix protein and three essential enzymes: reverse transcriptase, integrase and protease in latently infected Jurkat cells [52]. The dual-gRNA combinations were more effective in inhibiting viral replication. CRISPR-Cas9 treatment with dual gRNAs led to either of the three: hypermutation, excision or inversion [53]. Although excision could be detected, the viral inactivation mainly resulted from the acquisition of mutations in both the target sites inferring that hypermutation might be a major mechanism for HIV inactivation. Lentiviral vectors were also designed to contain three and six gRNAs that targeted the Tat and Rev regulatory elements of HIV-1 respectively. gRNA multiplexing against the viral Tat sequence in T cell line suppressed viral p24 protein and inhibited viral replication in the second round of infection and maintained protection for 45 days [54].

A significant obstacle to the HIV-1 cure is the viral diversity that results due to high rate of mutations [9]. This ultimately leads to immune evasion and resistance

to antiretroviral drugs. Herskovitz et al. were able to develop a library of gRNAs capable of disrupting five unique HIV-1 exons, tat1-2, rev1-2, and gp41 [44]. The gRNAs were derived by identifying the consensus sequences targeting tat from sequence information of 4004 clinical strains of HIV-1. Multiple modes of delivery were used including transfection, electroporation, lentivirus and lipid nanoparticle (LNP). Results showed viral reduction in all the cases, 82% and 94% viral reduction was observed after transfection and lentivirus treatments, respectively. The multi-exon gRNA TatDE delivered by LNPs to the latently infected cells showed ~100% viral excision [44].

In addition to targeting the proviral DNA that is integrated into the host genome, few studies attempted to target the pre-integrated HIV-1 DNA in cytoplasm. In vitro studies by Liao et al. targeted the HIV-1 cDNA, synthesized by reverse transcriptase, to prevent its integration and further infection [47]. By using a GFP reporter gene, a reduction in positive cells was observed. Another study was performed on HIV-1 positive 293 T cells which were transduced with Cas9-NLS and gRNAs targeting the R and U5 regions of LTR [55]. A significant reduction of integrated and pre-integrated viral DNA was noted. However, no change was observed in the viral cDNA (early DNA) that was present in the cytoplasm [55]. Both the studies indicated that CRISPR/Cas9 can not only be used for the inactivation of proviral DNA but also the pre-integrated viral DNA to prevent its integration into the host genome, an observation with tremendous prophylactic potential.

A combination of SaCas9/gRNAs disrupted the HIV-1 genome more efficiently than a single sgRNA/SaCas9 [56]. Cas12a was assessed by Gao et al. due to its smaller size and better ability to accommodate multiple crRNAs under a single Pol III promoter [30]. Experiments with Cas12a showed more sustained antiviral activity in comparison to Cas9 [57]. The RNA-editing Cas13 system has been recently tested against HIV-1 infected cells. The Cas13d system was able to effectively inhibit HIV-1 infection in primary CD4+ T cells and also, suppressed reactivated HIV-1 from latently infected cells [31]. The CRISPR-Cas13a targets HIV-1 RNA leading to a reduction in viral gene expression. It not only inhibits the newly synthesized viral RNA from the proviral DNA but also targets the viral RNA that enters the host cells [58]. The CRISPR-Cas13 system provides an alternative approach for the treatment of HIV-1.

The CRISPR based studies prove that it not only inactivated the integrated HIV but also the pre-integrated viral DNA. A diverse range of delivery methods and nuclease variants have been used to show the significant potential

that CRISPR possess in targeting the HIV-1 genome. A summary of the *in-vitro* studies has been made in Table 1.

#### Animal models

In vitro studies have shown the advantages of CRISPR/Cas9 in targeting the proviral DNA in latently infected cells. However, in vivo application of this approach remains challenging. One of the early in vivo studies was performed by Kaminski et al. on transgenic Tg26 mice which harboured integrated HIV genome in different tissues [29]. They used AAV9 vectors to deliver the SaCas9 and gRNAs that targeted the LTR and *gag* regions. HIV-1 Tg26 mice were injected twice by the tail vein at an interval of five days and later the DNA isolated from various tissues was studied. The study demonstrated the excision of target sequence and 80–90% reduction of *gag* and *env* RNA, respectively, in circulating lymphocytes thus, providing the first evidence of HIV-1 obliteration in in vivo studies [29].

Successive studies by Yin et al. demonstrated increased inhibition of proviral transcription and replication in different mice models by using multiplex gRNAs [59]. An all-in-one AAV with a combination of SaCas9 and quadruplex gRNAs targeting LTRs and other genes were injected into Tg26 mice. Deletions at target sequences in HIV-1 genome were detected in samples from spleen, liver and bone marrow. Excision and reduction of HIV gene expression were also found by intravenous injection of SaCas9/sgRNAs AAV-DJ/8 in Tg26 mice [59]. An NCr nude mouse was infected with the AAV-SaCas9 vector and EcoHIV-eLuc (a chimeric HIV-1 virus that switches the gp120 gene with a gp80 gene from mouse leukemia virus). Further, results of provirus excision were detected in the brain, colon, heart, spleen and lung in the clinically relevant BLT mice. The humanized bone marrow/liver/thymus (BLT) mice were intravenously injected with the HIV-eLuc reporter virus followed by the delivery of AAV-SaCas9 vector [59]. Like previous mice models, excision of target sequences was observed in the proviral DNA in different tissues. This study of CRISPR treatment in three different mice models demonstrated strong potential of CRISPR treatment in future clinical studies [59].

A recombinant AAV with dual gRNAs targeting the *gag* and LTR regions with SaCas9 showed cleavage and excision of integrated provirus in transgenic mice [29]. Bella et al. isolated PBMCs from HIV-1 positive individuals undergoing ART and injected them into NRG rats [60]. Multiplex gRNAs targeting LTR regions were delivered with Cas9 to the animals using a lentiviral vector and ~90% reduction of viral DNA and excision of the fragment between the target sequences were observed [60].

**Table 1** CRISPR/Cas Systems for targeting proviral HIV-1 (*In-vitro* studies)

CRISPR/Cas System	Cell type	Target region	Delivery	Results	References
SpCas9	HeLa, HEK293T, Jurkat	T5 site of TAR seq in the R region T6 site of NF-κB seq of the U3 region	Transfection	45.6% to 20% decrease in proviral gene expression in 293 T cells receiving T5 gRNA. Target site showed indel mutations	Ebina et al. [21]
SpCas9	HEK293T	LTR (R region)	Lentivirus	Decrease in protein expression regardless of the amount of integrated viral DNA	Liao et al. [47]
SpCas9	TZM.B1	LTR	Transfection	Cleavage of viral DNA	Kaminski et al. [48]
SpCas9	CD4 +T cells PBMC (From patients)	LTR	Transfection	Decrease in viral cDNA number; Reduction in viral particles and expression of p24 and Gag proteins	Kaminski et al. [48]
SpCas9	CHME5, TZM-BI, U937	LTR	Transfection	gRNA-Cas9 complex excised a 9709 bp sequence between 5' and 3' LTR sequences	Hu et al. [49]
SpCas9	Jurkat (JLat 10.6)	LTR region, <i>pol</i> , <i>rev</i> (2nd exon)	Transfection	tenfold GFP reduction and 20-fold p24 reduction according to the respective gRNAs	Zhu et al. [50]
SpCas9	HeLa, Jurkat, TZM-bI	LTR (NF-κB Binding Sites)	Transfection Lentivirus	DSBs observed via GUIDE-seq, absence of off-target activity, reduction of 5' LTR-driven HIV-1 transcription	Chung et al. [51]
SpCas9	Jurkat	LTR and viral genes	Lentivirus	Reduction of viral replication with dual gRNAs	Lebbink et al. [52]
SpCas9	HEK293T, SupT1 T cells	<i>Gag</i> , <i>tat/rev</i> , <i>env</i>	Lentivirus	Dual gRNAs treatment led to either of the three: hypermutation, excision or inversion	Binda et al. [53]
SpCas9	MT-4 T cells HEK293T	<i>Tat/Rev</i>	Lentivirus	gRNA multiplexing against Tat in T cell line suppressed viral p24 protein and inhibited viral replication	Ophinni et al. [54]
SpCas9	293 T cells	LTR (R and U5)	Transfection	Three to five-fold reduction in integrated viral DNA, two-fold in late DNA and no change in early DNA	Yin et al. [55]
SpCas9	CD4 +T Cells Monocytes HEK 293FT Jurkat, ACH2 T cells	Exons ( <i>tat1-2</i> , <i>rev1-2</i> , and <i>gp41</i> )	Transfection Electroporation Lentivirus Lipid nanoparticle (LNP)	Multi-exon gRNA TatDE delivered by LNPs showed 100% viral excision	Herskovitz et al. [44]
SaCas9	Jurkat C11 cells TZM-bI	LTR and viral genes	Lentivirus	Combination of SaCas9/ gRNAs disrupted the HIV-1 genome more efficiently than a single sgRNA/SaCas9. Dual or Triple gRNAs in an all-in-one lentiviral vector reduced viral production	Wang Q et al. [56]
Cas12a	HEK293T, SupT1 T cells	LTR	Lentivirus	Cas12a shows superior antiviral activity, achieve full HIV inactivation with only a single gRNA	Gao et al. [30]
SpCas9 Cas12a (Transient)	SupT1 T cells	<i>Gag</i> , <i>tat/rev</i>	Lentivirus	Complete inactivation of proviral HIV-1 with repeated transfection of different Cas9 and Cas12a mRNA/protein sources with dual gRNAs	Liu et al. [46]

**Table 1** (continued)

CRISPR/Cas System	Cell type	Target region	Delivery	Results	References
Cas13d	CD4+T cells	<i>Gag, pol</i> , protease, integrase	Lentivirus	Effectively inhibited HIV-1 infection and also, suppressed reactivated HIV-1 from latently infected cells	Nguyen et al. [31]
Cas13a	HEK293T, JLat 10.6	HIV-1 RNA	Lentivirus	Reduction in viral gene expression. Not only inhibits the newly synthesized viral RNA from the proviral DNA but also targets the viral RNA that enters host cells	Yin L et al. [58]

Further studies were performed by Mancuso et al. in non-human primates (rhesus macaques) that were infected with Simian immunodeficiency virus (SIV) [61]. Delivery of AAV9-SaCas9 vectors designed for targeting the SIV genome showed a significant reduction of viral DNA in tissues. The target sequences showed precise cleavage and excision in samples collected from infected blood cells and other tissues including lymph nodes, spleen, bone marrow and brain [61].

In a combinatorial study with ART and CRISPR-Cas9 system, Dash et al. demonstrated elimination of HIV-1 in mice models [62]. A humanized mouse was first infected with HIV-1 that was treated with long-acting slow-effective release (LASER) ART which had enhanced lipophilicity to penetrate the viral reservoirs followed by a slow-release thereby decreasing the frequency of administration. An AAV9-SaCas9 vector with dual gRNAs targeting LTR and gag region was injected intravenously into the infected mice. The analysis of viral DNA and RNA after treatment showed effective decrease in viral load in dual gRNA treated mice compared to mice singularly treated with LASER ART or CRISPR alone [62].

In vivo studies have shown usage of several mice models to target the integrated proviral genome. Multiplex gRNAs in these models have shown significant viral reduction and excision of proviral DNA. Research on non-human primates infected with SIV has shown viral reduction and excisions in tissues collected from various organs. Additionally, a combinatorial therapy of CRISPR and ART in a humanized mouse showed decrease in viral load. Although some of these in vivo studies have shown encouraging result, the viral rebound has also been observed in some. More research is required to overcome the challenges of viral escape and rebound in in vivo studies. A summary of in-vivo studies has been presented in Table 2.

### Use of dCas9 as a modulator of provirus transcription

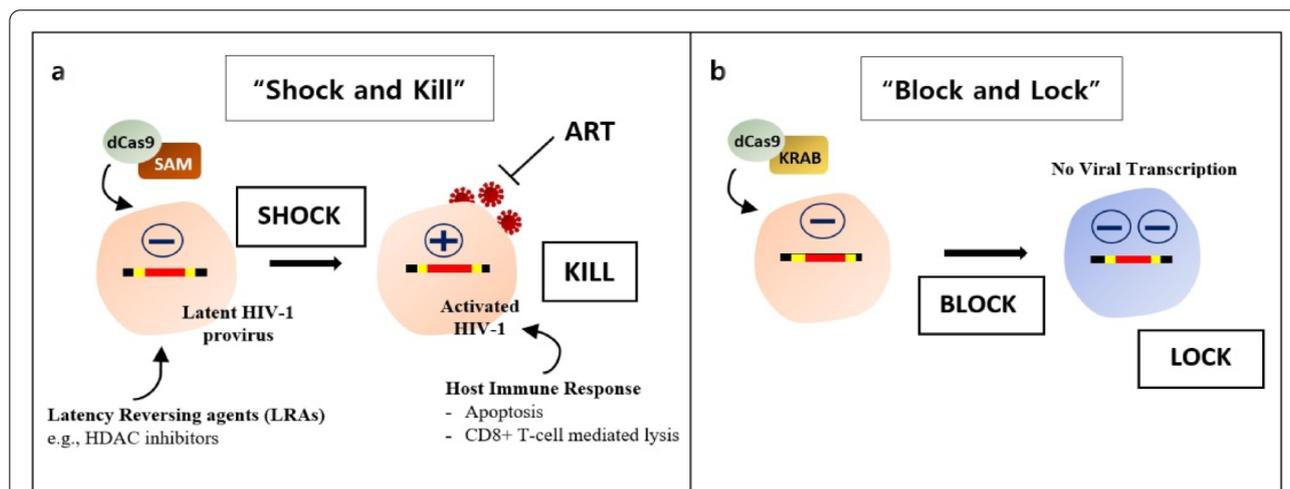
The major obstacle while tackling HIV-1 infection is the inability to detect and target the latently infected cells. Latency is easily established in activated CD4+T cells that are '*reverting to a resting memory state*' or EMT cells (effector-to-memory transitioning cells) due to the presence of dNTPs for reverse transcription, high CCR5 expression and sequestration of activation-dependent host transcription factors (i.e., NF- $\kappa$ B and NFAT) [63]. These infected cells are unable to undergo lysis and produce virions as the expression of the integrated proviral genome is transient and minimal. Hence, these cells can easily evade immune effector mechanisms and enter a state of latency [63]. Due to the absence of a suitable marker to detect the latently infected cells, targeting them remains a major challenge in establishing a permanent cure for HIV infection.

The CRISPR based system has the potential to edit the proviral gene both in in vitro as well as in vivo systems. Hence, several authors took to CRISPR for approaching the undetectable HIV-1 latency. One of the strategies is the "shock and kill" approach (Fig. 4) which is employed to reactivate the latent viral reservoirs and purge them either through the host's immune response or the presence of ARTs [64]. The latent reservoirs are larger than originally anticipated and driven by stochastic events in both active and resting memory T cells. Hence, the cell reactivation agents or HDAC inhibitors alone are unlikely to reactivate the latency [65]. A combination of latency-reversing agents (LRAs) and ART have better efficiency in eliminating the HIV-1 latent reservoirs [65]. However, not all viral reservoirs are eradicated and the toxic off-target effects of these drugs have led to additional strategies for reactivation of latent reservoirs [66].

Transcriptional activation using various forms of engineered CRISPR/Cas9 was directed to an activation 'hotspot', located within 200 bp upstream of the HIV

**Table 2** CRISPR/Cas systems for targeting proviral HIV-1 (*In-vivo* studies)

CRISPR/Cas system	Organism	Target region	Delivery	Results	References
SaCas9	Tg26 mice	LTR and viral genes	AAV9 (Adeno-associated vector)	Deletion at the target sequences in all the tissue samples studied. Excision of target sequence, reduction of 80–90% <i>gag</i> and <i>env</i> RNA	Kaminski et al. [48]
SaCas9	Tg26 mice NCr nude mouse BLT mice	LTR and viral genes	AAV (Adeno-associated vector)	Deletions at target sequences in samples collected from spleen, liver and bone-marrow. Excision and reduction of HIV gene expression	Yin et al. [59]
SpCas9	NRG rats	LTR and <i>gag</i>	Lentivirus	Cleavage and excision of integrated provirus in between the target sites	Bella et al. [60]
SaCas9	Humanized Mice (Engrafted with human CD34+ HSC)	LTR and <i>gag</i>	LASER ART therapy + AAV9 (Adeno-associated vector)	Effective decrease in viral load in dual treated mice compared to mice that were singularly treated with LASER ART or CRISPR alone In two of the seven mice, the viral load was undetectable	Dash et al. [62]
SaCas9	Rhesus macaques	LTR and <i>gag</i>	AAV9 (Adeno-associated vector)	Significant reduction of viral DNA in the blood and tissues. Precise cleavage and excision in samples collected from infected lymph nodes, spleen, bone-marrow and brain	Mancuso et al. [61]



**Fig. 4** Modulation of proviral gene transcription by combining dCas9 either with transcriptional activators or repressors. **A** “Shock and kill” approach: dCas9 combined with transcriptional activator SAM is used for activating the latently infected cells. Once activated, the host immune response “kills” the cells. **B** “Block and lock” approach: dCas9 combined with transcriptional repressor KRAB is responsible for permanently inactivating the proviral gene transcription

transcriptional start site (TSS). For activation of this region, dCas9 fused with VP64 (C-terminal transcription activation domain of herpes virus) was used which along with multiple sgRNAs boosted the expression of target genes [27]. In HIV-1 reactivation studies, dCas9

was fused with a transcriptional activator domain that could activate the latent viral reservoirs [67]. Further studies using a synergistic activation mediator (SAM) system that recruited multiple transcriptional activation domains to a DNA target using specific gRNAs

and dCas9 induced robust transcriptional activation of HIV-1 genomes. Results were analysed not only at RNA and protein level but also by the release of infectious virion particles [68]. A similar result of activation of viral gene expression with dCas9-SAM was demonstrated by Limsirichai et al. [69]. The HIV-1 LTR promoter was activated when targeted with 7 sgRNAs designed against functional elements of viral LTR including the U3 region, NF- $\kappa$ B and Sp1 binding sites, R domain and U5 region [69]. While all 7 gRNAs induced gene activation, only 2 sgRNAs that targeted the NF- $\kappa$ B binding sites and the TAR elements stimulated expression of the latent genes of HIV-1. It was further demonstrated that the combination of dCas9-SAM with latency-reversal compounds can increase proviral activation in different cell lines [69]. Zhang et al. targeted the 3' LTR region of HIV-1 by designing 20 sgRNAs. Two target sites present near or at the NF- $\kappa$ B binding sites showed high efficiency and specificity in inducing reactivation of latent viral reservoirs in Jurkat cells, CJME5 microglial cells and TZM-B1 epithelial cells [67]. Saayman et al. also found strong activation sites near NF- $\kappa$ B binding sites while targeting the 3' LTR region. This activation system showed better response and efficiency than the latency-reversing compounds in latent T cell lines [70].

Meanwhile, the “block and lock” approach takes a more permanent stance by blocking the viral rebound (Fig. 4) [71]. One of the studies employing this approach used dCas9 fused with a repressor domain Kruppel-associated box (KRAB) which actively repressed gene transcription. By inducing cell stimulation by LRAs, the dCas9-KRAB expressing lymphoblastoid T cells showed ~60% reduction in HIV-1 expression [72]. Liao et al. showed that dCas9-KRAB was able to repress the expression of the provirus when the gRNAs targeted the Repeat (R) domain but not with U3 or U5 sequences [47].

To summarize, both the “shock and kill” and “block and lock” approaches using CRISPR have significant potential as treatment for HIV-1. The “shock and kill” strategy using dCas9 is sequence-specific with a lesser off-target activity which is a noteworthy improvement over the current drug therapies. However, more investigation is needed to understand the eradication of proviral genome upon reactivation of viral reservoir. Since HIV-1 can evade host immune responses and antiretroviral therapies, viral rebound is an inevitable phenomenon. Lastly, since most of these studies have been conducted in vitro, further in vivo experiments need to be conducted to make it a therapeutic reality.

### Limitations of the CRISPR/Cas System

Although CRISPR/Cas9 has shown promising results in inhibiting and even excising the proviral HIV-1, several issues need to be addressed. As discussed earlier, a major challenge while tackling HIV-1 is its high mutation rate leading to a variety of strains [9]. These mutations in the target sequences may interfere with the Cas9 cleavage efficiency. Single nucleotide mismatches with the gRNA in PAM proximal region of the target DNA may reduce Cas9 cleavage activity [73]. Therefore, highly conserved regions among different HIV-1 strains can be targeted. The study of Herskovitz et al. provides an insight into this challenge as the gRNAs designed for the experiment were derived by analysing the consensus sequences of 4004 clinical strains of HIV-1 [44]. However, escape variants are also produced after Cas9 cleavage activity and its subsequent repair [74]. Studies by Wang G et al. and Wang Z et al. explained the mechanism of HIV-1 escape from CRISPR/Cas9 treatments [75, 76]. The experiments were performed in CD4+ T cells treated with Cas9 and gRNAs targeting specific regions of the proviral genome. Though the experiment showed an overall virus inhibition, viral rebound was observed in all these cases. The cells treated with gRNAs targeting lesser conserved regions showed high levels of HIV-1 production after a certain time while it took longer if treated with gRNAs against conserved sequences. Sequencing of the target regions indicated mutations at the recognition site of gRNA [75, 76].

Later studies have shown that the resistant mutations mainly appeared at the Cas9 cleavage site where the DNA repair takes place [77]. This suggested the involvement of the repair mechanism NHEJ in inducing these mutations during the repair process.

Another obstacle with CRISPR is off-target activity. CRISPR can tolerate imperfections in the RNA–DNA duplex thereby giving rise to unintended off-target activity [78]. Reduction of off-target effects is crucial as it may induce mutations in essential genes, tumour-suppressor genes or chromosome translocations, leading to severe consequences [79]. Though the off-target cleavage by Cas9 is limited as compared to other nucleases [80], significant off-target phenomenon was reported for gRNAs containing 6 or more mismatches [81]. Several strategies have been employed to counter this problem including the creation of bioinformatic tools to design gRNAs and predict their off-target activity. Efforts were made to reduce this by using truncated gRNAs [82], paired Cas9 nickase [83] and dimerization-dependent RNA-guided FokI-dCas9 nucleases (RFNs) [84]. Degradation of the Cas9/gRNA complex after the genome editing will leave

no non-specific footprints. However, this approach triggered innate immune responses leading to cytotoxicity. Hence, an in-depth assessment of Cas9 immunogenicity is required for further understanding of this issue [3].

Delivery of large CRISPR/Cas9 complex poses another challenge. The viral vector-based delivery systems include lentiviral, AAV and adenoviral vectors. Due to its capacity to incorporate large DNA fragments, adenoviral vectors have been used in many CRISPR/Cas9 applications [42]. Lentiviral vectors have high efficiency as a delivery tool but their random integration into the genome is a concern [38]. AAVs have low toxicity and are relatively safe, but their small packaging size reduces expression and efficacy [37]. Other delivery systems including polymer polyethyleneimine (PEI), lipid-based reagents and nano-particles can be potential options [33, 35, 38].

## Conclusion

A major revolution in the field of genome editing occurred with the introduction of CRISPR/Cas9 which can effectively manipulate genes in cell culture systems to newly engineered transgenic animal models. With its high precision, expedient design and low off-target activity, CRISPR/Cas9 possesses the potential for eradication of HIV-1. ART, which continues to encounter drug resistance, side effects, high cost and lifelong administration, has remained our only defense against HIV infection so far. Although the success of ART exceeds our expectations with the reduction of viral load to almost undetectable levels, its inability to permanently remove the provirus affects the aging HIV-infected population leading to HIV-related complications as well as drug-induced toxicities [5]. CRISPR/Cas9 provides a new paradigm for solving some of the fundamental barriers posed by HIV infection.

In this review, we summarized some of the significant research in the field of genome editing of HIV-1 by CRISPR/Cas9 in different cell lines and animal models. With the help of appropriate delivery vectors, it can specifically target multiple genes with a relatively simple design of gRNAs. CRISPR/Cas9 was reported to successfully induce mutations or excisions in the proviral genome in latently infected cells. In studies held in patient-derived cells [48] and non-human primates [61], >90% reduction in viral copy number was achieved. Herskovitz et al. achieved ~100% viral excision while working with multi-exon gRNAs which were delivered to latently infected cells by lipid nanoparticles [44]. In addition to the excision and deactivation of the proviral genome, CRISPR/Cas9 was able to target the non-integrated genome too [47, 55].

A major challenge to this approach is the emergence of viral escape mutants. Recent studies have shown that the

'indels' which should be able to inactivate the virus might aid in the escape mechanism. The virus might continue to replicate and infect the neighbouring cells. This change in the virus will be undetectable by the same machinery and becomes resistant to any future attacks [75, 76]. Multiplex gRNAs or application of combinatorial therapy of drugs and CRISPR can address this issue.

Another area of concern is the delivery system of Cas9-gRNAs. Electroporation and microinjection have shown positive results in *in vitro* systems, however, applying them to *in vivo* models are not suitable. LVs and AAVs have been used both in *in vitro* as well as in *in vivo* systems. However, the packaging efficiency of these viral vectors remains a challenge. The large size of SpCas9 is a challenge for effective delivery. Recent studies have shown the use of alternate forms of nuclease like SaCas9, Cas12a and even the RNA editing Cas13a providing significant results. However, further study is needed to evaluate its efficiency in proviral genome editing. Alternate forms of delivery like lipid-nanoparticles are effective in treating the latently infected cells. Additionally, a combinatorial therapy using ART along with an effective delivery system of CRISPR has been shown to reduce the viral load in different mice models [62]. Even though further studies are required, the above observations give a strong foundation to address the challenges posed by the application of CRISPR in HIV-1 infection.

Additionally, the mutant dCas9 is a promising approach for reactivation of latent viral reservoirs with specific target activation. Several dCas9 systems have shown great potency in reactivating the latent viral reservoirs without any off-target effect, unlike the LRA drugs. These approaches are still in their initial stages of *in vivo* studies, they certainly show the potential for eradication of viral infection.

With ~38 million people living with HIV-1, CRISPR/Cas9 brings a new hope to eradicate the infection. While the search for new developments continues, several issues need further investigation for future applications: (1) Reduction of off-target activity; (2) Understanding the mechanism of viral escape from genome editing; (3) Identification and characterization of cells that contain the latent HIV- provirus and (4) Effective delivery system. Considering the potential of the CRISPR/Cas9 approach and the persisting questions, the research and developments for its therapeutic application for the eradication of HIV-1 have a promising future.

## Abbreviations

AAV: Adeno-associated virus; AIDS: Acquired immunodeficiency syndrome; ART: Antiretroviral Therapy; CRISPR: Clustered regularly interspaced short palindromic repeats; crRNAs: Crispr RNAs; DSB: Double-stranded breaks; HDAC: Histone deacetylases; HDR: Homology-directed repair; HIV: Human immunodeficiency virus; KRAB: Kruppel-associated box; LRA: Latency reversing

agents; LTR: Long terminal repeat; LV: Lentiviral vectors; NHEJ: Non-homologous end-joining; NNRTIs: Non-nucleoside reverse transcriptase inhibitors; NRTIs: Nucleoside reverse transcriptase inhibitors; NtRTIs: Nucleotide reverse transcriptase inhibitors; PAM: Protospacer adjacent motif; PBMC: Peripheral blood mononuclear cells; PEI: Polyethyleneimine; PLWH: People living with HIV; RNP: Ribonucleoprotein complexes; SAM: Synergistic activation mediator; SIV: Simian immunodeficiency virus; TALEN: Transcription activator-like effector nucleases; TFBS: Transcription factor binding sites; ZFN: Zinc finger nucleases; WHO: World Health Organization.

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There is no competing interest.

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